



FOR IMMEDIATE RELEASE

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**GO SERV “SPOTLIGHT”
HONORS SAN DIEGO TEEN VOLUNTEER**

Teen volunteers at local senior community

SACRAMENTO - The Governor’s Office on Service and Volunteerism (GO SERV) is featuring Jason Mills as this week’s *Spotlight*. At the age of 14, Jason began volunteering at the Seacrest Village Retirement Communities.

“We need more teenagers like Jason who recognize what an important difference they can make in someone’s life,” Executive Director of GO SERV, Chuck Supple said. “Jason has benefited from his volunteering as much as the seniors have from the time he spends with them.”

He spends most of his time working with the residents inside the fitness facility, making sure the seniors can move from machine to machine easily and encouraging them as they get their bodies moving to the best of their ability.

Jason also provides a good “listening” ear as seniors tell him of their lives. Teddy, an 88 year-old resident who exercises weekly with Jason, enjoys talking sports with Jason and describes him as “a nice boy, very courteous...very obliging to everybody.” In addition to giving the gift of his time to seniors at Seacrest Village, Jason also maintains a 4.0 GPA in school.

The GO SERV *Spotlight* is a weekly recognition program, honoring community service organizations or individuals involved in community service. To view the full *Spotlight* story, please visit the GO SERV Web site at www.goserv.ca.gov.

Spotlight nomination forms, as well as other volunteer opportunities, are also available on GO SERV’s website.

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